



FIREHOUSE PIZZA
ALLERGY ADVICE UPDATED
AUGUST 2020

COELIAC FRIENDLY	VEGAN FRIENDLY	VEGETARIAN FRIENDLY	OATS	WHEAT / BARLEY / RYE / GLUTEN FROM CEREAL -	PEANUTS	NUTS - HAZELNUTS / WALNUTS / CASHEW / PECAN / BRAZIL / PISTACHIO etc	MILK/DAIRY/LACTOSE	SOYA/SOYBEANS/SOY	MUSTARD	LUPIN	EGGS	FISH	CRUSTACEANS	MOLLUSCS	SESAME SEEDS	CELERY	SULPHUR DIOXIDE
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PIZZA BASES – PLEASE REFER TO DIPS THAT ARE SERVED WITH PIZZA'S

REGULAR/THIN CRUST DOUGH		✓	✓	WHEAT							✓						
GLUTEN FREE BASE	✓		✓				✓	✓									

THE SAUCES

FIREHOUSE CLASSIC SAUCE	✓	✓	✓														
SMOKEY BBQ SAUCE	✓	✓	✓					✓									
GARLIC BUTTER	✓		✓				✓										
CREAMY PEPPERCORN	✓		✓				✓										
SATAY	✓	✓	✓		✓	COCONUT											
FAJITA	✓	✓	✓														
CREAMY HERB / GARLIC SAUCE	✓		✓				✓	✓									
THAI GREEN CURRY SAUCE	✓							✓				✓	✓	✓			
THAI RED CURRY SAUCE	✓							✓				✓					
CHEESE SAUCE	✓		✓				✓	✓									
FIREHOUSE HOT SAUCE	✓	✓	✓														

THE CHEESES

MOZZARELLA	✓		✓				✓										
CHEDDAR	✓		✓				✓										
PARMESAN	✓		✓				✓										
FETA	✓		✓				✓										
PROVALONE	✓		✓				✓										
MONTEREY JACK	✓		✓				✓										
CASHEL BLUE	✓		✓				✓										
COOLENEY CEMBERT	✓		✓				✓										
OAKED SMOKED CUBBEN	✓		✓				✓										
REDUCED FAT MOZZARELLA	✓		✓				✓										
GOATS CHEESE LOG	✓		✓				✓										
VEGAN MOZZARELLA	✓	✓	✓														

THE VEGETABLES

MUSHROOMS	✓	✓	✓														
RED ONIONS	✓	✓	✓														
MIXED PEPPERS	✓	✓	✓														
FRESH TOMATO	✓	✓	✓														
SWEET CORN	✓	✓	✓														
MIXED OLIVES	✓	✓	✓														
FRESH PINEAPPLE	✓	✓	✓														
ROAST COURGETTE	✓	✓	✓														
ROAST RED PEPPERS	✓	✓	✓														
BABY SPINACH	✓	✓	✓														
SUNDRIED TOMATO	✓	✓	✓														
CARAMELIZED RED ONION	✓	✓	✓														
GUACAMOLE / JAR	✓		✓				✓										
SLICED PICKLES	✓	✓	✓														
FIREHOUSE SALSA	✓	✓	✓														
ROCKET	✓	✓	✓														
PEANUTS	✓	✓	✓		✓												
CASHEW NUTS	✓	✓	✓			CASHEW											
FRESH GARLIC	✓	✓	✓														
FRESH CHILLI	✓	✓	✓														
JALAPENOS / RED JALAPENOS	✓	✓	✓														
AVACADO	✓	✓	✓														
BROCCOLI RICE	✓	✓	✓														

GUEST PIZZA TOPPINGS

ROAST POTATO	✓	✓	✓														
CRANBERRY & NUT STUFFING			✓	WHEAT	✓			✓									
BROCCOLI FLORETS	✓	✓	✓														
GRILLED ONIONS	✓	✓	✓														
SAUERKRAUT	✓	✓	✓														
SHALLOT, KALE & YORK MIX	✓	✓	✓														
ROAST PUMPKIN	✓	✓	✓														
CHILLI & LIME CHICKEN	✓						✓										

✓ - CONTAINS



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THE MEATS																		
BAKED HAM	✓																	
PEPPERONI	✓																	
SAUSAGE				WHEAT				✓	✓									✓
GLUTEN FREE SAUSAGE	✓																	✓
SMOKED BACON	✓																	
ROAST CHICKEN	✓							✓	✓									
HOT SAUCE CHICKEN	✓							✓	✓									
BBQ CHICKEN	✓							✓	✓									
CAJUN CHICKEN	✓							✓	✓									
SATAY CHICKEN	✓					✓	COCONUT	✓	✓									
FAJITA CHICKEN	✓							✓	✓									
PESTO CHICKEN	✓						WALNUT, CASHEW, PINENUTS	✓	✓									
CHORIZO	✓							✓	✓									
CHILLI BEEF (100% IRISH BEEF)	✓																	
ROAST BEEF (100% IRISH BEEF)	✓																	
SAVORY HEREFORD BEEF (100% IRISH BEEF)	✓																	
TUNA	✓												✓					
ANCHOVIES	✓												✓					
SALMON	✓												✓					
GUEST PIZZA TOPPING																		
BABY PRAWNS	✓												✓	✓	✓			
FRANKFURTER				WHEAT														
BROCWURST	✓																	
BRATWURST	✓																	
ROAST TURKEY	✓							✓										
BBQ PULLED PORK	✓								✓									
SLOW COOKED BACON	✓																	
SIDE ORDERS																		
GARLIC BREAD WITH CHEESE			✓	WHEAT				✓										
CHILLI BREAD WITH CHEESE			✓	WHEAT				✓										
POTATO WEDGES		✓	✓	WHEAT														
GLUTEN FREE POTATO WEDGES	✓	✓	✓															
SWEET POTATO FRIES	✓	✓	✓															
CHEESE NACHOS	✓		✓					✓	✓									
CHICKEN BITES				WHEAT				✓	✓									
CHICKEN TENDERS				WHEAT				✓										
CHICKEN WINGS BBQ	✓								✓									
CHICKEN WINGS HOT	✓																	
CAJUN CHICKEN NACHOS	✓							✓	✓									
CHILLI BEEF NACHOS	✓							✓	✓									
MEDITERRANEAN SALAD	✓	✓	✓					✓		✓								
CAESER SALAD				WHEAT				✓				✓						
CRUTONS		✓	✓	WHEAT														
COCTAIL SAUSAGES				WHEAT														✓
GF CRUTONS	✓	✓	✓															
GF GARLIC BREAD	✓		✓					✓										
GF CHILLI BREAD	✓		✓					✓										
DIPS/ DRESSINGS																		
CAESER DRESSING	✓		✓					✓		✓		✓						
FIREHOUSE HOT SAUCE	✓	✓	✓															
GARLIC MAYONNAISE	✓		✓							✓		✓						
SMOKEY BBQ SAUCE	✓	✓	✓					✓										
SWEET CHILLI SAUCE	✓	✓	✓															
TOMATO & HERB DRESSING	✓	✓	✓							✓								
DIJON MUSTARD	✓	✓	✓							✓								✓
SWEET BALSAMIC DRESSING	✓	✓	✓															✓
KETCHUP	✓	✓	✓															
DESSERTS																		
BANOFFEE	✓		✓					✓										
PROFITEROLES			✓	WHEAT				✓				✓						
COOKIES & CREAM			✓	WHEAT				✓				✓						
MULLINS ICE CREAM – AS PER PACK	✓		✓					✓				✓						
MULLINS ICE CREAM – COOKIES & CREAM			✓	WHEAT				✓				✓						
CHOC & NUT ICE CREAM X 6PK			✓	WHEAT	✓			✓										
STRAWBERRY ICE CREAM X 6PK			✓	WHEAT				✓										
DONUTS & CREAM			✓	WHEAT				✓				✓						

✓ - CONTAINS